

QUARTER TWO

REPORT

APRIL - JUNE 2025

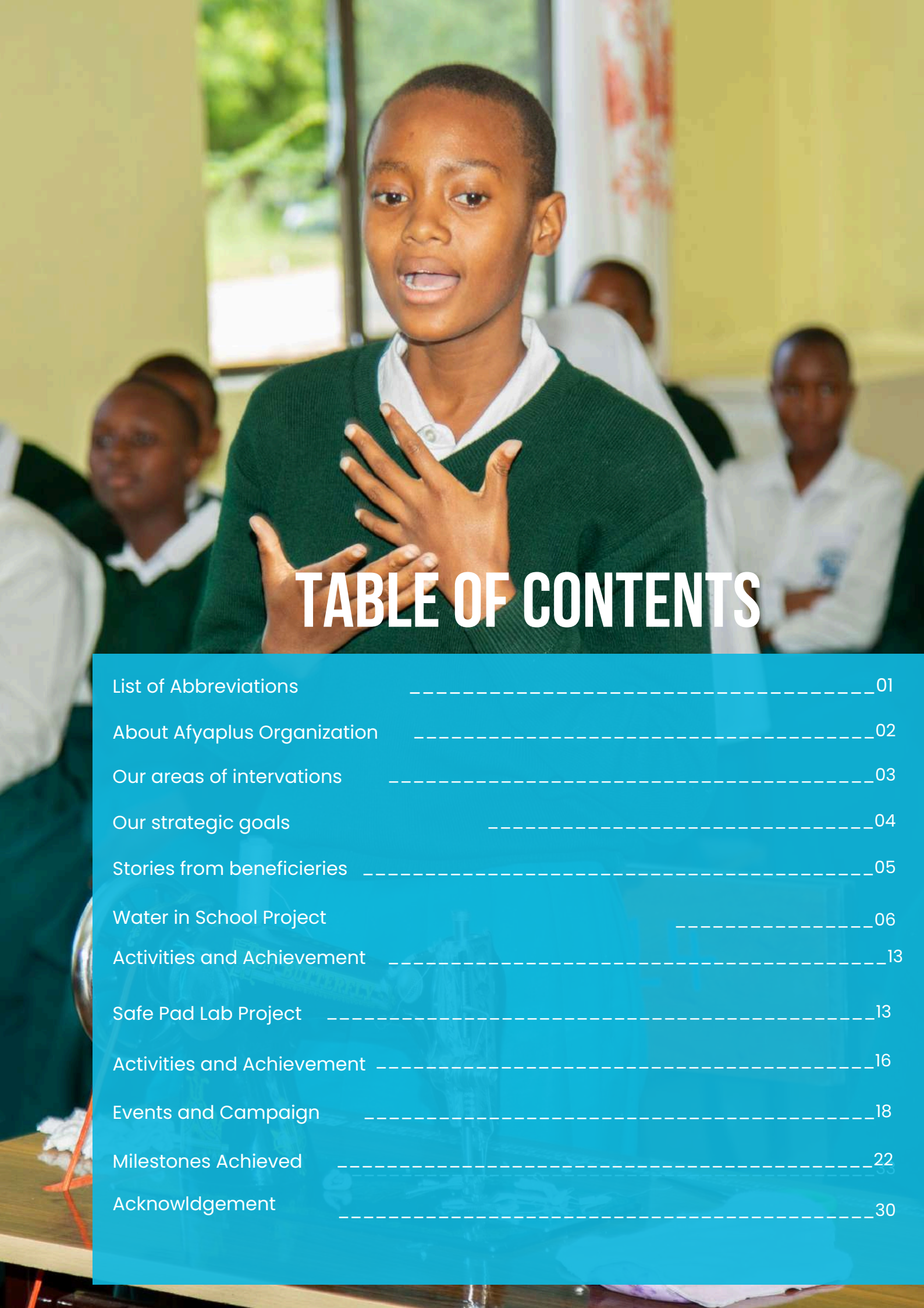


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LIST OF ABBREVIATIONS

ASRHR	Adolescents Sexual Reproductive Health and Rights
AGYWS	Adolescents Girls and Young women's
APO	Afyaplus Organization
DC	District Council
EWB	Engineers Without Borders
MHH	Menstrual Health Hygiene
MSU	Michigan State University
MHM	Menstrual Hygiene Management
WASH	Water Sanitation and Hygiene
GBV	Gender Based Violence
NGOs	Non Governmental Organizations
SDGs	Sustainable Development Goals
VSLAs	Village Saving and Loan Associations

ABOUT AFYAPLUS ORGANIZATION

AFYAPLUS is a non-profit organization operating its core development agenda of prevention and control of diseases through the promotion of water, sanitation and hygiene (WASH) and empowerment of girls and young women. The main goal of the organization is to improve school performance and create a community free from diseases caused by lack of safe and clean water, poor sanitation, poor hygienic practices, poor nutrition and empowerments adolescent girls and young women in a community.

Our mission

To cultivate behavior change and build a strong community through the promotion of water sanitation, hygiene services, Nutrition and empowerment of adolescents girls and young women through engaging relevant stakeholders.

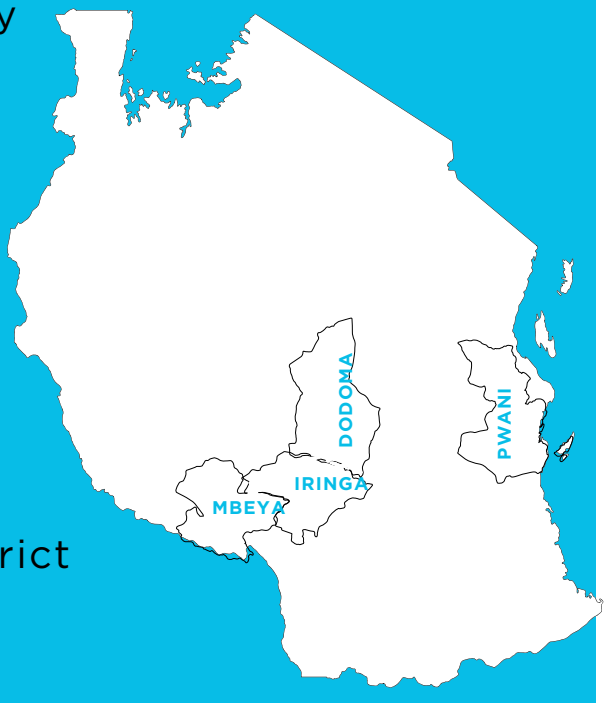
Our vision

A responsible healthy Tanzanian community free from diseases caused by unsafe water, poor sanitation, hygiene and nutrition services; and where adolescent girls and young women are empowered.

Our areas of interventions

We operate in the Iringa, Pwani and Dodoma regions, specifically within the following councils:

- **Iringa**: Kilolo, Iringa and Mufindi districts
- **Pwani**: Mkuranga District
- **Mbeya**: Mbarali District
- **Dodoma**: Dodoma City, Chamwino District, Bahi District





OUR STRATEGIC GOALS

Water, Sanitation and Hygiene WASH) Services Improved in Schools and Community.

Adolescent Girls and Young Women Empowered to Exploit their Potential to the maximum.

Afyaplus Organizational Capacity Improved.

Nutrition

OUR IMPACT

Total Reach Across All Projects 26,840 in this quarter

CUMULATIVE IMPACT

Project name	**Region**	**Target**	Girls	Boys	Total
Safe Pad Lab Project	Iringa		7,042	3,753	10,631
Safe Pad Lab Project	Dodoma		6,972	3,287	10,283
Water in school Project	Dodoma		2,208	2,172	4,380
SWASH	Mbeya		665	741	1,406
OVERALL REACH			**16,887**	**9,953**	**26,840**



SELEMANI SHAURI

I feel like the skills acquired from safe sanitary pads sewing training were purely vocational education that opens future income-generating opportunities beyond school.
Said Selemani, Kikuyu Secondary school





SALOME NYONGOLE

We are truly grateful for the improved school infrastructure, especially the toilets, water services, and handwashing facilities. This is a major milestone, and as parents, we strongly believe it will improve our children's education. We are committed to protecting and maintaining these facilities to ensure they benefit both current and future students.
a testimony from Magigiwe primary school head teacher

SCHOLASTICA JAMES

I used to miss 3 to 5 school days every month because I didn't have sanitary pads to use. Now that I have reusable sanitary pads, I come to school comfortably during my menstrual periods, feeling confident and healthy.





Afyaplus Organization promotes sustainable WASH services in schools and communities to improve health, education outcomes, and gender equality. By preventing disease and strengthening sanitation infrastructure, Afyaplus advances SDGs 6, 5, and 4 Ensuring access to clean water, quality education, and equal opportunities for all, especially children and vulnerable families.

WATER IN SCHOOL PROJECT

Following successful implementation of the Water in Schools Project; we planned to reach 40 schools from 2022 to 2026. In Q1 (FY 2025), the project reached 4 schools in Mbeya region. In Q2 (FY2025); Afyaplus expanded the project to Dodoma Region, beginning with Chamwino District and managed to reach 5 schools (3- primary, 2- secondary), making the overall reach from year 1 to 48 school to-date.

The project was officially introduced through a visit to the Chamwino District Executive Director's Office, where the Afyaplus team met with the District Executive Director and District Health Officer, Madam Zena Ibrahim. During this engagement, the team presented the project's objectives and detailed its implementation plan. The initiative aims to enhance hygienic behaviors among students particularly frequent handwashing and safe water use by improving WASH infrastructure at the school level.

The project will be implemented in 5 targeted schools within Chamwino District targeting 4380 students (2208 male, female-2172). Local health authorities warmly welcomed the initiative and emphasized its importance in addressing ongoing challenges related to inadequate handwashing facilities. They noted the current dependency on makeshift solutions such as perforated plastic jerry cans and buckets, which are vulnerable to damage and theft. The district officials expressed full support and strong commitment to the successful rollout of the project.

Construction of hand washing facilities in three Secondary Schools

In the second quarter of 2025, Afyaplus made great progress in improving school hygiene infrastructure by initiating the construction of four handwashing stations in Chamwino District Council. As of this reporting period, over 70% of the construction work has been completed. Once finalized, each station will be equipped with eight water taps, ensuring students have consistent and easy access to handwashing facilities.



This project is part of Afyaplus' broader efforts to promote good hygiene practices, reduce the transmission of communicable diseases, and create a healthier learning environment for students through the availability of safe, functional sanitation infrastructure.

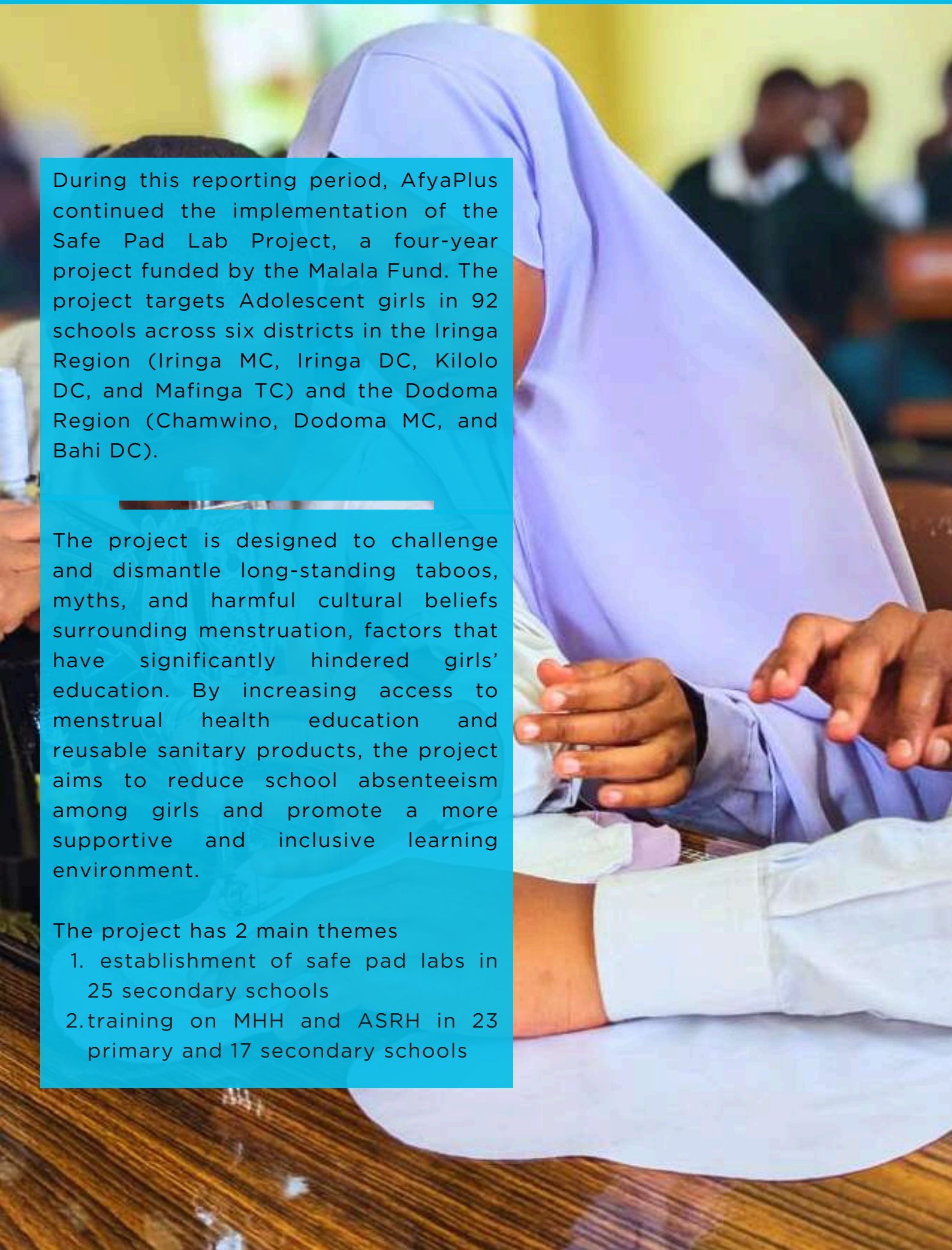
Target Schools and Beneficiaries

The hand-washing stations are being constructed in the following schools:

School Name	Type	Total Students	Boys	Girls
Chamwino	Primary	702	340	362
Uguzi	Primary	675	340	335
Buigiri Mission	Primary	1,004	492	512
Buigiri	Secondary	1,016	510	506
Chamwino	Secondary	983	490	493



THE SAFE PAD LAB PROJECT



During this reporting period, AfyaPlus continued the implementation of the Safe Pad Lab Project, a four-year project funded by the Malala Fund. The project targets Adolescent girls in 92 schools across six districts in the Iringa Region (Iringa MC, Iringa DC, Kilolo DC, and Mafinga TC) and the Dodoma Region (Chamwino, Dodoma MC, and Bahi DC).

The project is designed to challenge and dismantle long-standing taboos, myths, and harmful cultural beliefs surrounding menstruation, factors that have significantly hindered girls' education. By increasing access to menstrual health education and reusable sanitary products, the project aims to reduce school absenteeism among girls and promote a more supportive and inclusive learning environment.

The project has 2 main themes

1. establishment of safe pad labs in 25 secondary schools
2. training on MHH and ASRH in 23 primary and 17 secondary schools



Up to Q1 of this Financial Year; 25 secondary schools have been equipped with reusable sanitary pad laboratories, allowing students to produce their own pads while gaining essential skills. The project directly contributes to Sustainable Development Goals (SDG 4 - Quality Education and, SDG 5 - Gender Equality and SDG 6 - Clean Water and Sanitation) by ensuring that menstruation is no longer a barrier to learning.

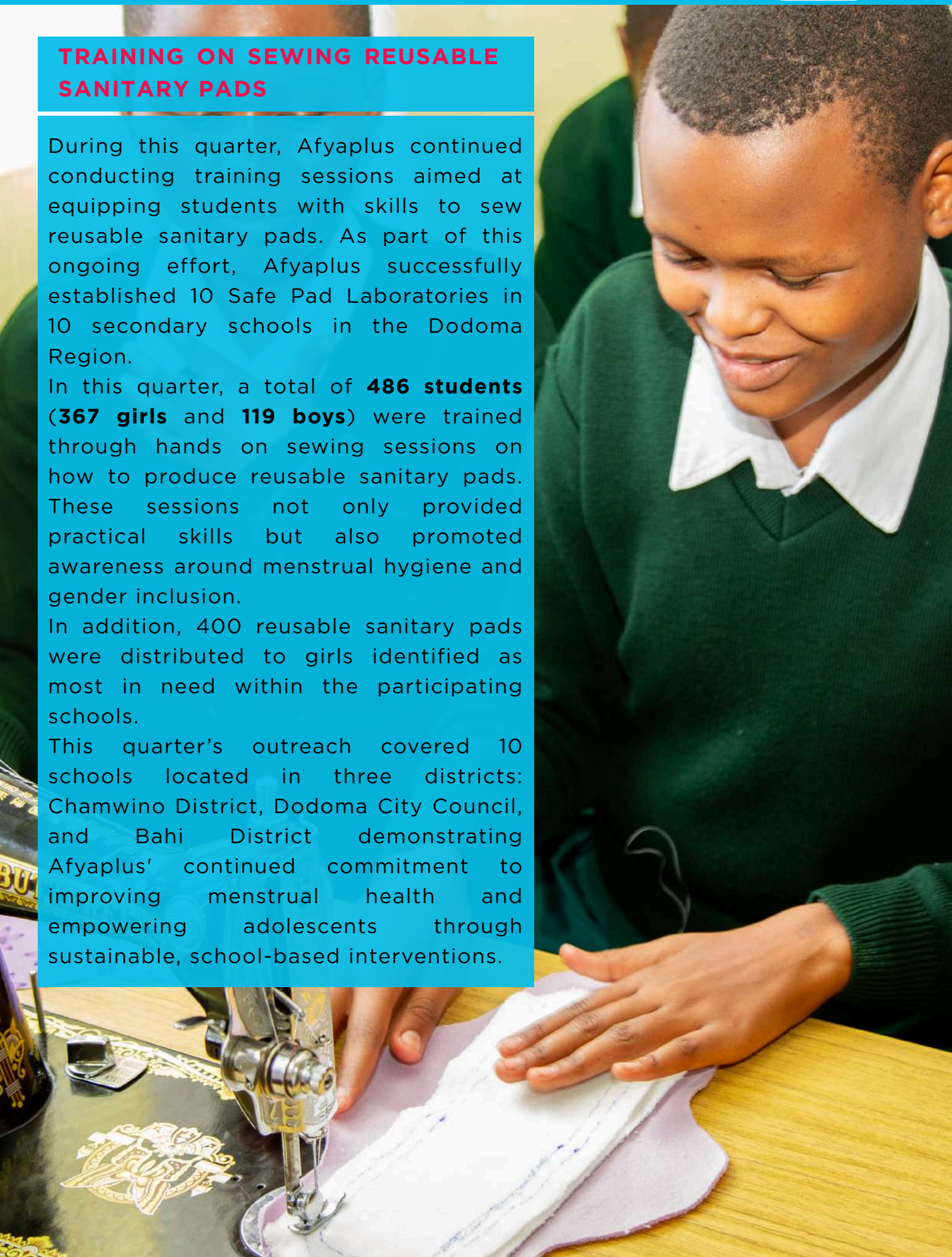
TRAINING ON SEWING REUSABLE SANITARY PADS

During this quarter, Afyaplus continued conducting training sessions aimed at equipping students with skills to sew reusable sanitary pads. As part of this ongoing effort, Afyaplus successfully established 10 Safe Pad Laboratories in 10 secondary schools in the Dodoma Region.

In this quarter, a total of **486 students** (**367 girls** and **119 boys**) were trained through hands on sewing sessions on how to produce reusable sanitary pads. These sessions not only provided practical skills but also promoted awareness around menstrual hygiene and gender inclusion.

In addition, 400 reusable sanitary pads were distributed to girls identified as most in need within the participating schools.

This quarter's outreach covered 10 schools located in three districts: Chamwino District, Dodoma City Council, and Bahi District demonstrating Afyaplus' continued commitment to improving menstrual health and empowering adolescents through sustainable, school-based interventions.



MHH AND ASRHR AWARENESS AND SENSITIZATION SESSION

During this quarter, Afyaplus successfully reached 40 schools across six Districts in Iringa and Dodoma regions, delivering targeted awareness and sensitization sessions on Menstrual Health and Hygiene (MHH) and Adolescent Sexual and Reproductive Health and Rights (ASRHR). These sessions aimed to address the knowledge gaps and social barriers surrounding menstrual health and adolescent reproductive health in schools.

As a result of these project, students demonstrated increased understanding and improved attitudes toward menstrual health and reproductive rights. Girls reported feeling more confident in managing their periods, which is expected to contribute to a reduction in absenteeism and school dropout. Boys were also sensitized on menstrual hygiene, promoting peer support and breaking harmful taboos that often lead to stigma and isolation of menstruating girls.



Furthermore, the sessions empowered both boys and girls with accurate, age-appropriate information on reproductive health. This knowledge is expected to support better decision-making, reduce the risk of early pregnancies, early marriages, and gender-based violence, and ultimately contribute to the safety and retention of adolescents in school.

The overall goal of these sensitization sessions was not only to improve menstrual hygiene practices among girls but also to engage boys in supporting menstrual equity. Additionally, efforts were made to dispel common myths surrounding menstruation and promote an inclusive school environment where adolescent health and rights are respected and supported.



SWASH PROJECT IN MBARALI

Afyaplus Organization, in partnership with Nawiri Foundation, is implementing a School Water, Sanitation, and Hygiene (SWASH) Project in Miyombweni Ward, Mbarali District. The project aims to support progress toward SDG 6 and SDG 4 by improving access to safe water, sanitation, and hygiene services in four primary schools. Through the rehabilitation and construction of essential WASH infrastructure, the project seeks to enhance student health, promote hygiene practices, and create safe, inclusive, and supportive learning environments for all learners.



Additionally, the project conducted SWASH (School Water, Sanitation, and Hygiene) education to equip students with essential knowledge on proper hygiene practices, environmental cleanliness, gender equality in WASH, disease prevention, and water conservation. These educational sessions play a crucial role in preventing hygiene-related diseases and ensuring the sustainability of the WASH infrastructure installed in schools.

Magigiwe Primary School

At Magigiwe Primary School, Afyaplus and the Nawiri Foundation focused on improving the school's sanitation and hygiene facilities to enhance student well-being. The school's pit latrines were renovated, ensuring safe and dignified sanitation facilities for both boys and girls. In addition, a changing room and an incinerator were constructed to support menstrual hygiene management, providing a safe and private space for girls. To secure a reliable water supply, a raised platform was built to support a 10,000-liter water tank.



The image above shows the renovated toilet block at Magigiwe Primary School, a key outcome of the SWASH Project in Miyombweni Ward. The facility now includes eight improved pit latrines with separate sections for boys and girls each equipped with a reliable water supply for flushing and personal hygiene.

A significant upgrade in this renovation is the addition of a private, well-equipped changing room for girls, designed to provide a safe and dignified space for managing menstruation during school hours. This room is furnished with running water, soap, and hooks for hanging bags or clothes, creating a comfortable and hygienic environment.



To support proper disposal of menstrual hygiene products, an incinerator has also been installed next to the changing room. This allows for the safe and eco-friendly burning of used sanitary pads, helping to maintain cleanliness and reduce stigma around menstrual health.

These improvements directly contribute to better attendance and participation of girls in school, especially during their menstrual periods, and are a critical step toward achieving inclusive, gender-sensitive WASH services in schools.



The photo shows the interior view of the newly renovated toilet facilities at Magigiwe Primary School. The building includes eight pit latrines, with four rooms designated for girls and four for boys. Each toilet room is equipped with a reliable water supply, ensuring improved hygiene and sanitation for all students.

Two handwashing stations, with a total of 16 taps, were installed to promote good hygiene practices among students. Alongside these infrastructure improvements, a SWASH education session was conducted for all 300 students, reinforcing knowledge on proper hygiene and sanitation. These efforts aim to create a sustainable and healthier school environment that enables students to focus on their education without the burden of inadequate WASH facilities.

A tank raiser structure has been constructed at Magigiwe Primary School to support a 10,000-liter water storage tank. This elevated platform ensures the tank is securely positioned at a height that enables reliable gravity-fed water distribution to various points within the school, including toilets, handwashing stations, and the newly added girls' changing room.





The tank provides a sustainable and consistent water supply for both students and school staff, significantly improving access to clean water for drinking, handwashing, and sanitation needs. This infrastructure is crucial in maintaining daily hygiene routines, supporting WASH-related health outcomes, and reducing time spent fetching water during learning hours.

Mapogoro B Primary School

At Mapogoro B Primary School, the project aimed on improving water access, addressing a long-standing challenge that had impacted the health and well-being of students. The school, which has a student population of 504 (261 boys and 243 girls), previously relied on a single water tap, making access to safe water highly insufficient. To mitigate this issue, a raised platform was constructed to support two 5,000-liter water tanks. This intervention ensures a more consistent and reliable water supply, helping students maintain better hygiene practices, particularly in handwashing and sanitation.



Mlungu Primary School

At Mlungu Primary School, where a total of 461 students (235 boys and 226 girls) have struggled with inconsistent and expensive water access, the SWASH Project provided a much needed solution. The school had long been reliant on purchased water for essential activities such as handwashing, drinking, and toilet maintenance. This situation often compromised basic hygiene practices and increased the risk of waterborne diseases. Through the project, a raised platform was constructed to support two 5,000-liter water tanks, ensuring that the school now has a more sustainable and reliable water supply.



Msangaji Mpya Primary School

During this quarter, we successfully completed the construction and installation of a water system at Msangaji Mpya Primary School, where 141 pupils (90 boys and 51 girls) previously faced limited access to safe and reliable water. The school had long struggled with an inconsistent water supply, which significantly affected its ability to maintain proper sanitation and hindered daily hygiene practices such as handwashing.

To address this challenge, Afyaplus constructed a raised platform to support two 5,000-liter water tanks, ensuring a steady and dependable water supply. This intervention has greatly improved the school's capacity to support hygiene and sanitation, contributing to a healthier and safer learning environment for all students.





Completion and Handover of WASH Infrastructure in Mbarali District

In May 23, 2025, Afyaplus, in collaboration with Nawiri Foundation and Six Rivers Africa, successfully completed and officially handed over a water, sanitation, and hygiene (WASH) infrastructure improvement project in four schools located in Miyombweni Ward, Mbarali District, Mbeya Region.

The project included the renovation of boys' and girls' latrines, construction of a safe room for girls to use during menstruation, installation of an incinerator, and two handwashing stations each with 8 taps. A 10,000-liter water storage tank and tower were also constructed to ensure consistent water supply. In addition, hygiene education and training on infrastructure maintenance and menstrual hygiene were delivered to students of Magigiwe Primary School through trained peer educators at the ward level.

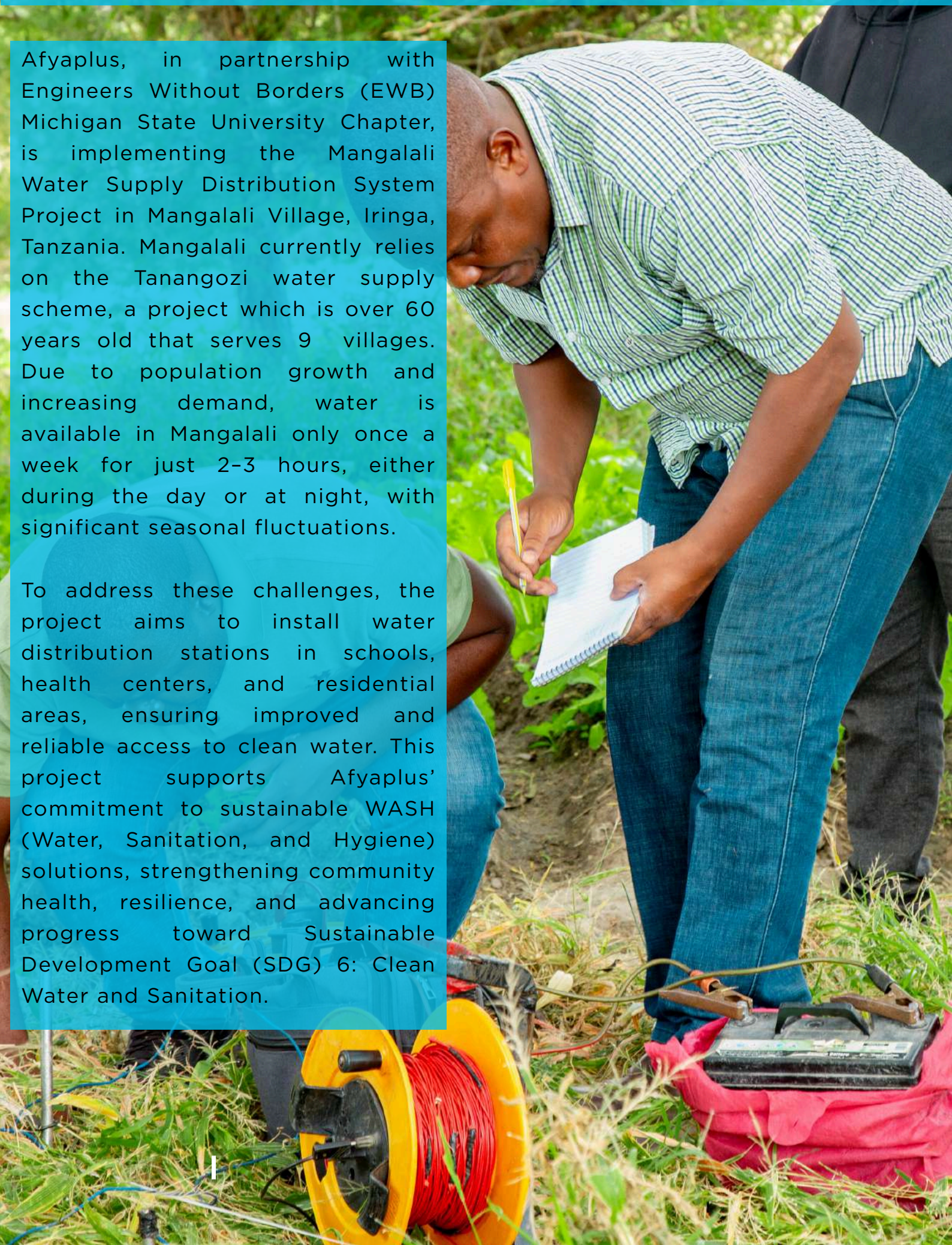
Interventions also included Water infrastructure development at Mapogoro B, Mlungu, and Msangaji Mpya primary schools. This involved the construction of towers supporting two 5,000-liter water tanks at each school. Altogether, the intervention is expected to benefit 1,406 students (665 girls and 741 boys), along with teachers and school support staff.

The completed infrastructure was officially handed over to the respective village governments, ward leaders, school committees, and school management, reinforcing community ownership and sustainability of the project.

Afyaplus extends heartfelt appreciation to Nawiri Foundation, whose support made these vital improvements possible for the well-being of students and the broader community.



MANGALALI WATER SUPPLY DISTRIBUTION SYSTEM PROJECT



Afyaplus, in partnership with Engineers Without Borders (EWB) Michigan State University Chapter, is implementing the Mangalali Water Supply Distribution System Project in Mangalali Village, Iringa, Tanzania. Mangalali currently relies on the Tanangozi water supply scheme, a project which is over 60 years old that serves 9 villages. Due to population growth and increasing demand, water is available in Mangalali only once a week for just 2–3 hours, either during the day or at night, with significant seasonal fluctuations.

To address these challenges, the project aims to install water distribution stations in schools, health centers, and residential areas, ensuring improved and reliable access to clean water. This project supports Afyaplus' commitment to sustainable WASH (Water, Sanitation, and Hygiene) solutions, strengthening community health, resilience, and advancing progress toward Sustainable Development Goal (SDG) 6: Clean Water and Sanitation.

HYDRO-GEOLOGICAL SURVEY FOR COMMUNITY BOREHOLE AT MANGALALI VILLAGE

This quarter, Afyaplus team with Drilcorp (T) Limited to take an important step in solving the water problems in Mangalali Village. Together, We carried out an underground water survey to find the best site to drill a borehole. This borehole will be the starting point for a new water system that will bring clean and reliable water to the community.

The interventions were supported by Engineers Without Borders Michigan State University (MSU) Chapter. It shows our continued commitment to helping rural communities get clean and safe water. Mangalali Village has struggled with water shortages for a long time.





OPENING NEW OFFICE IN DODOMA

We are excited to share that Afyaplus has officially expanded to Dodoma Region. In April 25, 2025, our new office was formally launched in a ceremony officiated by the Dodoma Regional Medical Officer. This marks a significant milestone as we extend our presence beyond Iringa, Mbeya, and Pwani, continuing our mission to strengthen health and WASH services in more communities across Tanzania.

The launch event was a moment of pride and reflection. We were deeply honored by the warm reception and strong support from key stakeholders, including the Regional Medical Officer, Ministry of Health WASH Coordinator, and regional and district officers from Bahi, Chamwino, and Dodoma City. We also appreciated the presence and encouragement from school leaders, fellow NGOs, and most notably, our Afyaplus Board of Directors, whose support continues to guide our strategic growth.



LAUNCHING NEW STRATEGIC PLAN

In line with this expansion, we are proud to introduce the Afyaplus Six-Year Strategic Plan (2025–2030). This comprehensive plan is anchored on 5 strategic pillars: Water, Sanitation, and Hygiene (WASH); Adolescent Girls and Young Women Empowerment; Health and Nutrition; Climate Change Response; and Organizational Growth and Sustainability. These focus areas reflect our continued commitment to long-term, community-driven impact.

Our new Dodoma office is located in Area C, Barabara ya Kati (Capital Lodge Street).

With this new base, we look forward to deepening our efforts in improving public health, advancing gender equity, and expanding WASH interventions across the region. We are energized by this opportunity and committed to working hand in hand with local partners to create lasting change.



BOARD OF DIRECTORS MEETING WITH AFYAPLUS STAFF

During this quarter, the Afyaplus Board of Directors conducted an official visit to our Dodoma office, engaging in a meaningful and productive session with the Afyaplus team. The visit featured a brief yet impactful meeting where key organizational updates were shared, ideas were exchanged, and strategic discussions were held on the continued growth and sustainability of our work.





The delegation was led by Board Chair Ms. Godfrida Magubo, who, along with other board members, expressed great satisfaction with the progress and developments witnessed during the visit.



DONOR ENGAGEMENT VISIT

In May 12, 2025, Afyaplus had the honor of hosting a high-level delegation from our esteemed donor partner, the Malala Fund. The visit featured Ms. Leila Seradj, Director of Grants, and Ms. Maria Qanita, Chief of Staff, who traveled to Dodoma to engage directly with our field activities and community beneficiaries.

The delegation received a warm welcome from Mr. Kaspar K. Msuya, the Dodoma Regional Administrative Secretary, who commended Afyaplus for its continued commitment to advancing adolescent girls' education, menstrual health, and empowerment through sustainable WASH programs.





The visit served as a powerful demonstration of the strong partnership between Afyaplus and government authorities in addressing community needs through collaborative and impactful solutions.



As part of the visit, the delegation toured the Afyaplus regional office in Dodoma and later visited Kikuyu Secondary School, one of the beneficiaries of the Safe Pad Lab project. There, they had the opportunity to engage directly with students and hear personal testimonies from beneficiaries, highlighting the project's tangible impact on girls' confidence, school attendance, and menstrual health management.





The visit showed a great milestone in deepening trust and alignment toward our shared mission of empowering girls through education and safe, inclusive school environments.



PARTICIPATION IN NATIONAL MENSTRUAL HYGIENE DAY COMMEMORATION

Afyaplus participated in the National Menstrual Hygiene Day held in Dodoma Region as one of the key stakeholders committed to promoting menstrual hygiene, overall health, and hygiene management. As an organization dedicated to advancing sexual and reproductive health, Afyaplus played a vital role in advocacy and raising awareness about the importance of menstrual hygiene. The organization also supports the distribution and use of high-quality menstrual hygiene products, which are produced using safe and reliable materials to ensure both comfort and dignity for users. Through its involvement, Afyaplus continues to champion the rights and well-being of women and girls, especially in underserved communities



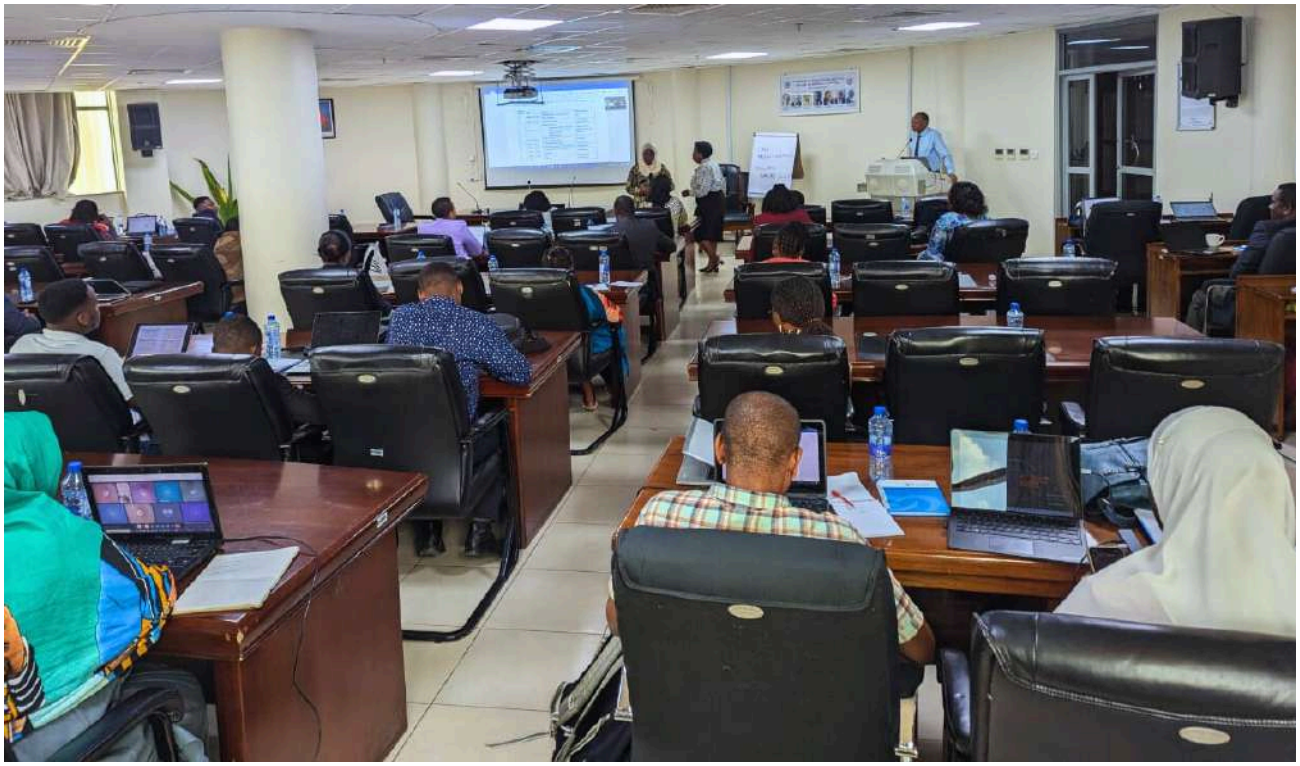
This year's theme, "Enable a Dignified Menstrual Environment for All Girls and Women," reinforced AfyaPlus' ongoing commitment to gender equality, reproductive health rights, and promoting respect for women's bodies. Participating in this event marked an important step toward building an inclusive, informed, and dignified society for all.

PARTICIPATION IN MENSTRUAL HEALTH DAY (MH DAY) AND TOOLKIT CONTRIBUTION

Please note that AfyaPlus Organization's participation in the MH Day and launch of the National Menstrual Health and Hygiene Guideline should be included in the Q2 report.

Afyaplus had the privilege of attending the official launch on May 28, 2025, in Dodoma, officiated by Dr. Otilia Gowelle on behalf of the Hon. Minister for Health.

Additionally, AfyaPlus participated in the MHH Coalition meeting on May 29, 2025 where we contributed to discussions on the content and dissemination strategy of the MHH guideline. Our technical input contributed significantly to the development of the MHH Toolkit and product selection guidance.



Key Elements from the MHH Guideline:

1. Health and Menstrual Education – Curriculum integration, youth-friendly information, and community engagement.
2. Menstrual-Friendly WASH Infrastructure – Inclusive, clean, and safe toilets; access to water, soap, and disposal facilities.
3. Access to Menstrual Products – Promotion of safe, reusable/disposable options and advocacy for tax exemption.

4. Combating Stigma & Harmful Practices – Campaigns to normalize menstruation and uphold the rights and dignity of girls.
5. Multi-sectoral Coordination – Involvement of key ministries, NGOs, and platforms like the MHH Coalition.
6. Monitoring & Learning – Tracking indicators, strengthening evidence-based programming, and ensuring accountability.



Overall Guideline Objective:
To create a supportive environment where menstruation is managed safely and with dignity enabling full participation of girls and women in school, work, and society.

AfyaPlus Alignment and Reflection:
The new guideline aligns with AfyaPlus's current interventions, including:

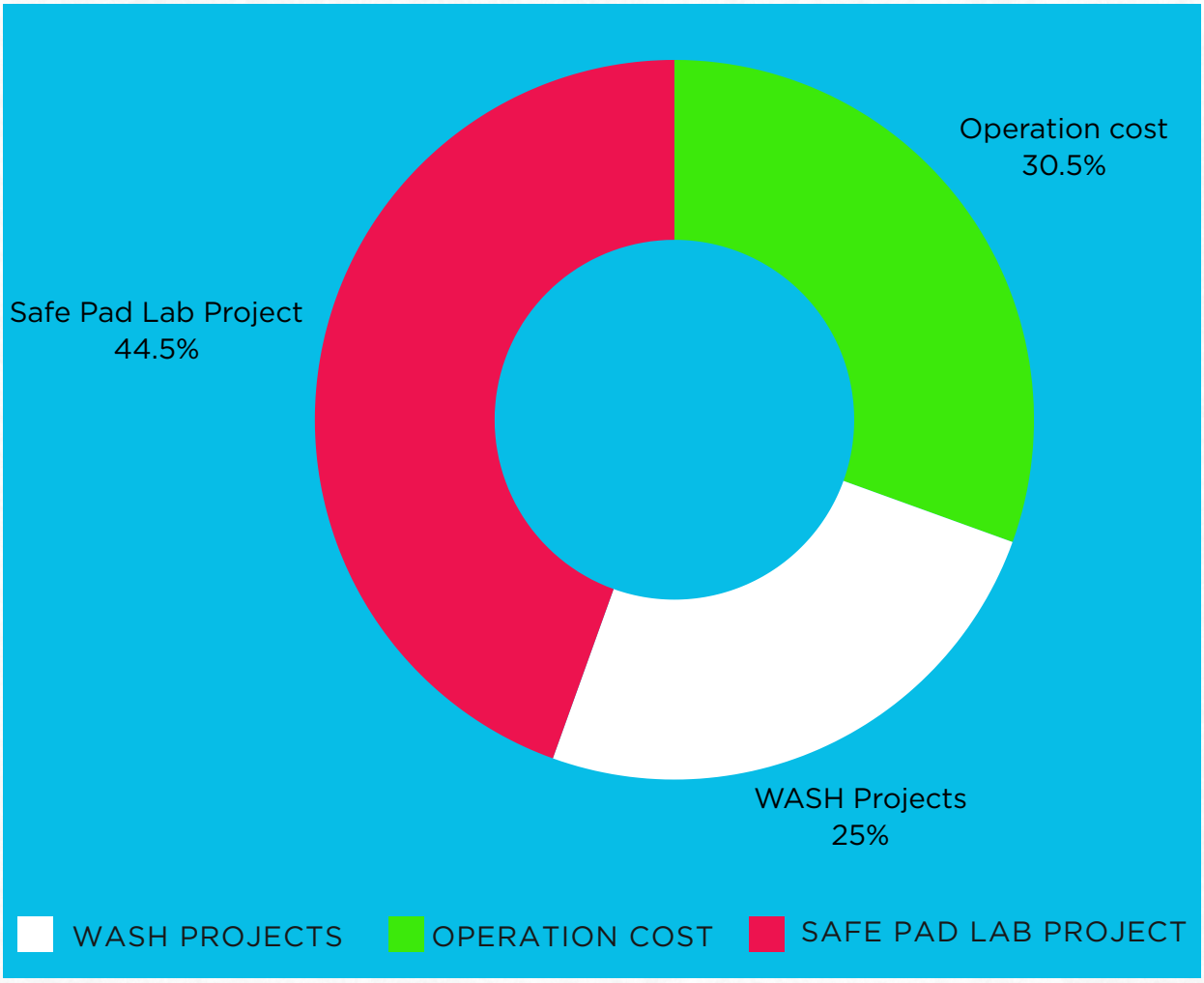
- School-based menstrual health education
- Construction of menstrual-friendly toilets
- Provision of reusable sanitary pads to address period poverty

FINANCIAL UPDATES

Quarter Two Opening balance was Tsh. 53,763,496.13.

Afya plus was also disbursed with a total of Tsh 136,648,711.16 from different financiers to implement project activities

QUARTER ONE EXPSENSES



OUR ESTEEMED DONORS AND PARTNERS

AfyaPlus Organization extends heartfelt gratitude to our donors, development partners, government institutions, and all esteemed stakeholders. Your unwavering support and generous contributions have been instrumental in driving our growth and amplifying our impact. Because of your partnership, we can continue advancing our mission of empowering communities and creating lasting change. Thank you for being part of this journey with us.

Government



- Ministry of Community Development, Gender, Women and Special Groups.
- Ministry of Education, Science and Technology.
- Ministry of Health.
- Ministry of Water
- President's Office Regional Authority and Local Government.

Developmental partners

Seqal Family Foundation

MALALA FUND

ENGINEERS WITHOUT BORDERS USA
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MORE **ABOUT US**

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